

**Nano Shiso Therapy** 130 Min. \$320

A definitive treatment for “Top to Toe” pampering and desire for those seeking healthier complexion and release tension. Nano Shiso extract is added to THANN signature massage oil to enhance anti-oxidant efficacy and revive skin condition.

To optimize facial treatment’s affects, a choice of purifying Moringa seed or revitalizing Inca Omega seed or skin toning Mushroom extract will be incorporated to suit different skin types, normal or dry/sensitive or oily skin.

Treatment includes 60 minute body massage of your choice, THANN Aromatherapy or Ayurvedic Body Massage, followed by 70 minute Revitalizing Facial for a delicate balance and refreshment of body and mind.

**THANN Sanctuary Signature Massage** 90 Min. \$235

A deep tissue treatment, incorporating firm palm, thumb and forearm pressure to relieve and heal muscular aches and pains. Employing a unique blend of Thai and other Asian healing techniques combined with an ingenious blend of aromatic essential oils to treat the individual needs of your body and skin. This perfect rejuvenating massage treatment helps to induce relaxation and ease away tension. It is highly recommended for active people or after any sports activity.

### MASSAGE THERAPY

**Abhyanga** 75 Min. \$210

This 60 minute light/medium/or firm massage is based on traditional Indian Ayurvedic concepts which utilize friction, kneading, rubbing and marma (vital energy points) massage to help bring the body to its natural state. These movements are combined with warm aromatic essential oil of your selection. An effective pain relief in a 15 minutes steam for an ultimate soothing and a perfect sleep. This energizing, stimulating therapy will rebalance your energy levels and reactivate your senses as well as recharging your mind and body.

**Head, Neck & Back** 45 Min. \$125

This medium to firm pressure massage is designed to focus on the stressed muscles in particular areas of the back, shoulders, neck and head. Loosening up the tight muscles caused by busy modern lifestyles, this treatment will improve circulation, induce deep relaxation and ease away chronic muscular aches and pain.

**Relaxing Foot Therapy** 60 Min. \$125

This therapy helps boost the immune system, guides the body to a more balanced state of equilibrium and improves blood circulation. Foot therapy begins with a mineral enriched foot bath and exfoliation. This nourishing massage and reflexology relieves stiff muscle which results in relaxing the mind and body.

**Swedish Massage** 60 Min. \$160  
90 Min. \$195

This well-known treatment caters to your specific needs to help relieve the build-up of tension that causes stiff muscles and poor circulation. Friction, kneading and hacking techniques are utilized along with our scintillating Body Butter Massage Cream to help stimulate blood circulation and improve muscle oxygenation. It is an absolute balancing treatment for the all-natural energy through the body. This treatment frequently is used by sport players to equilibrium the body health.

**Thai Aromatic Massage** 120 Min. \$345

Comforting the whole body with warm foot bath and gentle pressure points before beginning a firm pressure to ease tension and relief muscle pain on key areas. This treatment incorporates a 90 minutes traditional Thai massage and a 30 minutes Aromatherapy back massage to encourage body flexibility and induce relaxation from healing scent of botanical essential oils. The ultimate pick you up treatment from a weary day.

**THANN Aromatherapy Massage** 60 Min. \$160  
90 Min. \$195

Ideal to restore suppleness and softness for optimal comfort: a wonderfully relaxing therapy provides light/medium detoxifying lymphatic massage to relieve stress and key areas of tension and muscle tightness. A gentle touch movement for stomach area helps improve the digestive system. A beautiful scent of aromatic essential oil of your choice will enliven the overall senses of calm and harmony for a peaceful sleep and a refreshing body. In addition, a technique of rebalancing a facial lymphatic drainage massage encourages visibly clear complexion and firming.

### FACIAL TREATMENTS

- Include a 30 minute Detoxifying Lymphatic Facial Massage
- Include a hand & foot massage during mask treatment with Body Butter
- Oil-Free Sunscreen SPF 30 (before sunset)

#### Ultimate Detoxifying Facial **60 Min. \$155**

Detoxifying massage for all skin types begins with a deep cleansing with our Foaming Facial Wash. Special detoxifying clay masks called Kaolin, Bentonite and Tanakura will effectively remove make-up, dirt and toxins embedded in the pores. The Oatmeal Face Scrub further removes dead cells and impurities while also nourishing and protecting the skin from free-radical damage. A unique black pebble technique is applied on face to draw negative energy and used to rebalance the lymphatic drainage. Rice Extract Moisturizing Cream is applied for skin protection and nourishment.

#### Total Revitalizing Facial **70 Min. \$180**

This anti-aging treatment effectively repairs the skin. It begins with a gentle wash with our Facial Cleanser followed by a relaxing lymphatic massage to aid with detoxification. Oatmeal Face Scrub removes dry skin and prepares the skin for the Revitalizing Mask. Facial Serum with Centella, Banana flower and Shiso extracts is the final treatment to promote collagen and improve elasticity and boosting skin vitality, while Rice Extract Cream will help to retain moisture. Based on your skin type, one of these botanical extracts will be added to the mask:

- Oily skin: Mushroom extract
- Dry skin: Inca Omega Oil
- Normal/Combination Skin: Moringa Seed Extract

#### Nano Shiso Rejuvenating Facial **70 Min. \$195**

A much more powerful result with the use of Nanoparticles. These extremely tiny crystals can travel so deep down to epidermis layer for the utmost in skin protection. This treatment can significantly improve the skin's appearance and moisture level as dryness is one of the major causes of the aging process. Savor the results of cleansing, toner, scrub, massage, treatment and Anti-aging Facial Cream for immediate tightness and firmed skin, revealing a brighter, younger complexion.

#### Body Scrub **60 Min. \$140**

Prepare your skin with a 15 minutes steam and get ready for a thorough exfoliation. Reveal healthy complexion with mineral scrub of your choice while light massage stimulates energy flow. Ideal for normal skin type, a detoxifying body scrub that combines moisture from rice bran oil, exfoliating sea salt and the healing properties of essential oils. Rice Extract Body Moisturizing Spray will help shield the skin from external aggressors.

#### Weekly Wellness Regime **120 Min. \$300**

This wellbeing program suits all physical conditions aiming to optimize skin conditions, induce relaxation and improve blood circulation. The regime starts with body scrub, followed by 60 minutes relaxing Aromatherapy body massage. Finish with soothing the mind in herbal steam for 15 minutes, leaving your skin dewy soft and a stress-free mind.

#### Packages

1. Stress Elixir	2 hr.	\$265
• Body Treatment (Swedish or Aromatherapy)	1 hr.	
• Relaxing Foot Therapy		1 hr.
2. Soul Remedy	2 hr.	\$290
• Body Treatment (Swedish or Aromatherapy)	1 hr.	
• Ultimate Detoxifying Facial		1 hr.
3. Unveil the beauty	2 hr. 30 min.	\$310
• Body Scrub	1 hr.	
• Body Massage (Swedish or Aromatherapy)		90 min.
4. Total Serenity	3 hr.	\$445
• Weekly wellness regime	2 hr.	
• Total revitalizing Facial	1 hr.	

#### Spa Etiquette:

- Please arrive 20 minutes early in order to unwind before treatment and have a proper consultation.
- Please provide at least 48 hour notice for cancellation to allow others the opportunity to enjoy treatments.
- In case of late arrival, treatment may be shortened in consideration of the next client.
- Avoid consuming a big meal at least one hour before treatment to allow maximum healing benefits.
- To fully relax and promote a healing environment, please turn off your mobile phone.
- Make sure to take plenty of rest and room-temperature water after your treatment.
- VIP room is available for couples at an additional charge of \$100 for half hour before and after treatment.
- All prices are inclusive of tax and 18% service charge.
- All treatments include complimentary use of Spa Facilities: Sauna, Relaxation Room, Jacuzzi, Shower and Fitness Area.
- Yoga: Classes will be offered in the near future which will require prior reservation to ensure a comfortable size class.